

The official circular for Globe Business Park • January 2025



Happy new year and welcome to the first newsletter of 2025

The Globe BID team is now fully committed to bringing the BID3 Proposal and Business Plan to fruition, with a focus on three core themes:



THEME ONE
Sustainable & resilient



THEME TWO
Connected & secure



THEME THREE
Business growth & investment

These priorities will guide our efforts to ensure Globe remains a vibrant and thriving Business Park for both businesses and employees.

The BID team is committed to making 2025 an exciting year for the park, and we sincerely thank you for your continued support and dedication to the success of Globe Business Park.

For more details on our plans for this 5 year term, please refer to the full business plan (available to download on www.globebusinesspark.co.uk), or contact the BID Manager, Gemma Hughes (gemma.hughes@groundwork.org.uk).

Hello there!

Welcome to the January edition of The Globe, and Happy New Year to you all from the Business Improvement District (BID) Board. The Globe provides updates on events and activities around the Business Park and any topics that might affect businesses and the local infrastructure.

If you have anything you'd like to share with the GBP business community or would like to feature in the next newsletter, please do get in touch. **We'd love to hear from you!**

The BID Team



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Business Sustainability Meeting: 24th Feb

Cressex and Globe Sustainability Business Group
Mon 24th Feb 2025 10:30am
(please arrive by 10:15am for refreshments and prompt start)
BAP Pharma, Medina House, Globe Business Park, Fieldhouse Lane, Marlow, SL7 1TB

Cressex Business Park | **Business Improvement District Globe Business Park**

In partnership with the Cressex and Globe Business Park BIDs, we would like to invite businesses across both sites to join us for the fourth Sustainability Business Group Meeting:

The aim of this group is to share knowledge and information on all things sustainability and identify any opportunities to work collaboratively. The direction of the group will be business led and bespoke to the businesses on Cressex and Globe Business Parks. We'd love a variety of businesses to join, whether your organisation has their sustainability journey sorted, is just starting out or is somewhere in between, we'd be delighted for you to share your experience.

To register a place for the meeting on 24th Feb please reply to Beth:
elizabeth.bennett@groundwork.org.uk
Please note places are limited.

SPEAKERS INCLUDE:
Biffa
Chiltern Rangers
WhiffAway Air Quality Systems

Do join us for our next Business Sustainability Meeting on Monday 24th February at 10:30am. We have some fantastic speakers lined up including Biffa, Chiltern Rangers and Whiffaway.

Topics for this group session include:

- Biffa's sustainability journey and their latest policy developments;
- Corporate volunteering;
- Driving sustainable and efficient water solutions.

It's set to be an informative and action provoking meeting! We'd love you to join whether you have been to one of these meetings before or if this will be your first time, everyone is welcome.

This meeting is open to all BID Businesses on Globe and Cressex Business Parks and provides information, shared experience and enlightening discussions regarding all things Sustainability. This meeting will be kindly hosted at BAP Pharma so local for all our Globe Businesses.

Please do let us know if you are able to attend -
Elizabeth.Bennett@groundwork.org.uk

Meditation & Mindfulness: 30th Jan

Meditation & Mindfulness
30 minute session
Thursday 30th January at 12:30pm
at Spaces, Jubilee House, Third Avenue, SL7 1EY

Class Focus
Learn to release the negative baggage that you have been holding on from the last 12 months and make way for new positive emotions and plans. Start the year with an achievable plan and make life more fulfilling. Learn a life changing technique to incorporate into your life in this session, which will make a positive difference from day one.

Globe BID are delighted to invite you to our New 30 Minute Meditation and Mindfulness sessions. Introducing tools and techniques to help calm the mind, which can be effective in as little as 30 seconds.

These sessions will help stabilise your emotions, manage your stress and anxiety levels, increase clarity, focus and concentration in your work, life and relationships.

Open to all, learn how to increase the levels of joy and happiness in all areas of your life. Short impactful sessions to fit into your busy day.

Presented to you by Positive Mind Group.

To Register your place please contact Beth
Elizabeth.bennett@groundwork.org.uk
Please arrive a few minutes before the class to get settled.

POSITIVE MIND GROUP
Business Improvement District Globe Business Park

In today's fast-paced world, stress and burnout are becoming all too common but what if there was a simple, effective way to enhance focus, increase calm and improve your overall well-being?

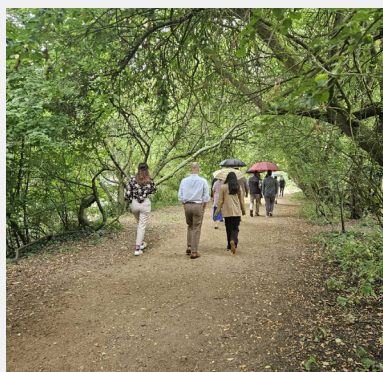
Do try our FREE Monthly Meditation class, designed to help navigate challenges with clarity and providing take home tools to use in everyday life.

The next class will be held on Thursday 30th January at 12:30pm at Spaces, Third Avenue and we'd love to see you there. The focus of this class will be: Learn to release the negative baggage that you have been holding on from the last 12 months and make way for new positive emotions and plans. Start the year with an achievable plan and make life more fulfilling. Learn a life changing technique to incorporate into your life in this session, which will make a positive difference from day one. Please note that our February Class will be held on Wednesday 26th February at 12:30pm

No equipment or experience necessary but please arrive a few minutes beforehand to get settled.

To register your place please contact Beth,
Elizabeth.Bennett@groundwork.org.uk

Spring Walk: 13th March



Join us for our Spring Wellness Walk on Thursday, March 13th. Take a refreshing lunchtime stroll along the scenic river and embrace the opportunity to unwind, recharge, and enjoy some fresh air before heading into the rest of your day. It's a perfect chance to connect with colleagues, clear your mind, and feel rejuvenated. Finished off with a well-deserved FREE lunch at the end. We look forward to seeing many of you there.

To register your place on the walk and join us for a FREE lunch please email Beth – Elizabeth.bennett@groundwork.org.uk and please let us know any dietary requirements upon booking.

Bucks Skills Show



The Bucks Skills Show is taking place on 5th and 6th March and the organisers are looking for sponsors and exhibitors from local businesses. Attending this event can help to:

- Enhance your profile in Buckinghamshire among key influencers and stakeholders.
- Ensure that your careers messages reach all Buckinghamshire schools, colleges and community groups.
- Differentiate your recruitment offer and become an employer of choice.
- Influence the continued growth of this leading experiential careers event in Buckinghamshire.
- Showcase your strengths and values as a high-profile employer in Bucks.

For more information please see:

Bucks Skills Show 2025 or contact E: info@bucksclub.org
T: 01494 927130

Marlow Chamber of Trade and Commerce



JOIN US

Marlow Chamber of Trade & Commerce



Fast approaching its 65th birthday, the Marlow & District Chamber of Trade and Commerce offers your organisation the opportunity to be at the centre of a thriving community of business people and like minded individuals.

Focusing on Marlow and surrounding villages, our membership is drawn from the a whole range of sectors - retail, trade, domestic services, business to business and professional services. The Town has a thriving business community and it is the Chamber's objective to protect, enhance and promote that community, to help bring economic growth and tourism to the area.

Join us, and you will not only get the chance to introduce your business to others - and to learn from them - but also collaborate with them and with the community for the benefit of all.

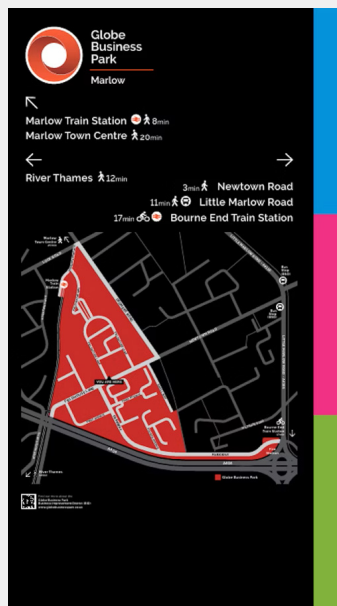
For more information, please contact us on info@marlowchamber.com

New Globe Signage

The new Globe Business Park signage project is nearing completion and our new signs should be in the ground by the end of February! This project is important to Globe Businesses as it helps in improving wayfinding across the business park, local areas of interest and walk/cycle timings.

We worked with Placemarque, specialist wayfinding designers, to create this eye-catching design that reflects the vibrancy of Globe Business Park.

We are also delighted to see the installation of brand new signage on the approach to the Business Park, thanks to Buckinghamshire Council and the Highways Team for all their support and collaboration. These improvements in wayfinding make a huge difference to our business community, they improve navigation and accessibility and increase awareness of the Business Park.



HIIT Classes at Leo Gym

Globe BID would like to invite all businesses to...



HIIT Sweat Class at Leo Gym

THURSDAY 6TH FEBRUARY '25

5-6PM AT LEO GYM, FIELDHOUSE LANE, MARLOW.

This class is ideal for all fitness levels, offering adaptable exercises in fun partner workouts. You'll move through a mix of cardio and strength exercises in a supportive, social environment. Perfect for anyone who enjoys working out with others while staying active.



We have got off to a very healthy start to the New Year and have already hosted a fabulous HIIT Class on 23rd January at Leo Gym.

HIIT classes are really effective because they deliver a full-body workout, boost metabolism, improve strength and cardiovascular health. The intensity encourages calorie burn even after the workout, while the variety keeps things engaging and challenges the body in multiple ways. Leo Gym's HIIT 'Sweat' classes are ideal for all levels of fitness offering adaptable exercises in fun partner workouts. The workouts incorporate a mix of cardio and strength exercises in a supportive, social environment, perfect for anyone who enjoys working out with others. We have received some fantastic feedback from those that have attended these HIIT classes at Leo Gym so do try the next class out.

Our next HIIT class will be on 6th February 5-6pm at Leo Gym.

Places are limited so early booking is advised,



Do you receive our email communications?

If not, please let us know so you can be kept up to date with everything going on at Globe.

LinkedIn

Connect

Stay up to date with the latest news, announcements, and updates from Globe BID by visiting our LinkedIn page. We regularly share valuable insights, industry trends, and key developments that can help keep you informed. Follow us to connect with our community and be the first to hear about our exciting events and important information relating to the Business Park.

 /globe-business-park-business-improvement-district

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Shine a light on your Business

We are here to support Businesses on Globe, if you would like your Business to appear in future editions of The Globe please do contact us so we can feature you!

Exclusive Offer for Globe Businesses: Free Lease Appraisal



Have you negotiated your lease without the expert advice of a chartered surveyor? Are you paying more rent than you should be? Do you know when your critical dates are? Let us check for you at no cost.

We are offering no-obligation, complementary lease appraisals to all businesses on Globe Business Park to identify ways to optimise your lease terms and minimise costs.

Contact: Simon Harper @ Jaggard Macland
srh@jaggardmacland.co.uk or 07801 109649

Business Park Directory

- | | |
|---|--------------------------------|
| 2 Heads | Motorworx |
| Altera (Intel) | Pink Accounting Resources |
| AH Tripp and Son | PJ Investment Group |
| Alliance Disposables | Protim Solignum |
| Amicus Therapeutics | Rex Proctor and Partners |
| BAP Pharma | Schwing Setter |
| Bare Snacks | Screwfix |
| Bonds Packaging | Sennheiser UK |
| Chelton | Softcat |
| Cooper Antennas | Sorb Engineers |
| Court Motors | Spaces |
| Dense Air | Spin Master |
| Elite EMS | Stevend |
| Evolution Security | Superstars Events Management |
| Genesis Gym | Symrise |
| Gordons Solicitors | Virgin Media/O2 |
| Home Counties Storage Systems | Ticco Foods |
| Howdens | The Marlow Club |
| Koppers | The Ralph |
| Kyowa Kirin | Tower Garage |
| Leo Gym | Tradebe Environmental Services |
| Maidenhead and Slough Tyre and Exhaust Co | Travelodge |
| Marlow Fire Station | TSL |
| Marlow Tandoori | Twogether |
| Millar's @Coopers Café | Whistl |



Globe Business Park

For any general queries please email us at globebid@groundwork.org.uk